

**MINUTES OF  
SCHOOL HEALTH ADVISORY COUNCIL MEETING  
RESPONSIVEED TEXAS  
TEXAS CHARTERS**

## **Meeting Minutes: School Health Advisory Council (SHAC)**

**ResponsiveEd – Texas Charters** (*Includes TCPA and Premier High Schools*)

**Date:** April 8, 2026 **Time:** 9:00 a.m. – 9:31 a.m. **Location:** 1301 Waters Ridge Drive, Lewisville, Texas / Zoom **Chair:** Dr. Becky Rutledge (Interim- requested by Karen) / Karen Smith

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### **1. Call to Order & Attendance**

Dr. Becky Rutledge called the meeting to order at 9:00 a.m. A **quorum was established** with 3 out of 5 members present initially (later joined by Amber Bunshu).

#### **Attendees:**

- **Dr. Becky Rutledge:** Executive VP of School Operations
- **Nanci Kistler:** Director of Health Services
- **Nathan Morris:** Director of Athletics and Transportation
- **Melissa Summarsell:** Director of Child Nutrition
- **Karen Smith:** Parent Member (Founders Classical – Flower Mound)
- **Amber Bunshu:** Parent Member (Ignite Fort Worth)
- **Diamond Frazier:** Lead Nurse for Responsive Ed

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### **2. Administrative Updates**

- **Annual Acknowledgements:** All forms have been received except for one (Miranda Soto).
- **Secretary Confirmation:** Miranda Soto is slated for the role but has not yet attended.
- **Council Term:** Nanci Kistler clarified that membership is a **two-year term**. Karen Smith noted her children are moving to the Lewisville School of Science and Technology next year; Nanci confirmed this is fine as it remains under the TCPA brand.

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### **3. Physical Education & Athletics Report**

Nathan Morris provided a comprehensive overview of the PE and Athletic requirements.

- **Curriculum:** As public charters, schools follow **TEKS** (Texas Essential Knowledge and Skills). While there is no district-mandated curriculum, campuses use tools like "BrightThinker" (integrated PE/Health) or local lesson plans approved by leadership.
  - **High School Credits:** Students can earn PE credits through three pathways: Lifetime Fitness, Outdoor Pursuits (e.g., fishing/hiking), or Skill-Based Activities.
  - **FitnessGram (PFAI):** State-mandated testing begins in **3rd grade**. It measures aerobic capacity (Pacer test/mile run), body composition, muscular strength, and flexibility.
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#### 4. Key Discussion & Parent Concerns

**A. Grading Discrepancies at Founders Classical:** Karen Smith raised a serious concern regarding recent PE grades at the Flower Mound campus, where "A" students received failing marks (e.g., scores of 6, 12, or 16) on midterms.

- **Issue:** Parents reported a lack of clarity in the rubric and missing documentation for point deductions.
- **Action:** Dr. Rutledge and Nathan Morris will meet with the Founders Superintendent to investigate the scoring system and ensure parent concerns are addressed.

**B. "Mile Mondays" and Assessment Stress:** Parents questioned the necessity of "Mile Mondays." Nathan explained that these are often used to prepare students for the mandatory state fitness assessments (FitnessGram) so students are not caught off guard by the endurance requirements.

**C. Request for Swim Program:** Karen Smith proposed a swim program for Responsive Ed, noting that 8–10 students already swim together via the YMCA.

- **Feasibility:** Nathan noted the hurdles include lack of facilities, liability, and specialized coaching. However, he expressed openness to "highlighting" student achievements even if not a campus-sponsored sport and will look into the logistics of a formal program.
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#### 5. Future Business & Adjournment

- **Next Presentation:** Melissa Summarsell will present on **Child Nutrition** at the next meeting.
- **Next Meeting Date:** May 6, 2026, at 9:00 a.m.
- **Motion to Adjourn:** Moved by Karen Smith, seconded by Amber Bunshu.
- **Meeting Closed:** 9:31 a.m.